




April 2025 Classes and Events

SUN	MON	TUE	WED	THURS	FRI	SAT
		1 	2	3	4  Magic Show 6:30 pm	5
6	7 Minute to Win the Day 5:15-6:00 am Full Body Strength 8:15-9:00 am Silver Sneakers 9:15-10:15 am	8 Spin with Cindy 5:15-6:00 am Get Fit Tuesdays 9:30-10:30 am	9 Sweat On Demand 5:15-6:15 am Full Body Strength 8:15-9:00 am Silver Sneakers 9:15-10:15 am	10 Total Body Blast 5:15-6:15 am Get Fit Thursdays 9:30-10:30 am Pickleball 6:30-8:00 pm	11 Full Body Strength 8:15-9:00 am	12 <i>Gym Closed</i>
13 Easter Egg Hunt 1:00 pm 	14 Minute to Win the Day 5:15-6:00 am Full Body Strength 8:15-9:00 am Silver Sneakers 9:15-10:15 am	15 Spin with Cindy 5:15-6:00 am Get Fit Tuesdays 9:30-10:30 am Euchre 1:00-3:00 pm	16 Sweat On Demand 5:15-6:15 am Full Body Strength 8:15-9:00 am Silver Sneakers 9:15-10:15 am	17 Total Body Blast 5:15-6:15 am Get Fit Thursdays 9:30-10:30 am Pickleball 6:30-8:00 pm	18 Full Body Strength 8:15-9:00 am	19 <i>PCC Closed at 4pm</i>
20 HAPPY EASTER <i>PCC Closed</i>	21 Minute to Win the Day 5:15-6:00 am Full Body Strength 8:15-9:00 am Silver Sneakers 9:15-10:15 am	22 Spin with Cindy 5:15-6:00 am Get Fit Tuesdays 9:30-10:30 am	23 Sweat On Demand 5:15-6:15 am Full Body Strength 8:15-9:00 am Silver Sneakers 9:15-10:15 am	24 Total Body Blast 5:15-6:15 am Get Fit Thursdays 9:30-10:30 am Pickleball 6:30-8:00 pm	25 Full Body Strength 8:15-9:00 am  Breakthrough Basketball Camp	26  Breakthrough Basketball Camp Nerf Gun Wars 7:00 pm
27  Breakthrough Basketball Camp	28 Minute to Win the Day 5:15-6:00 am Full Body Strength 8:15-9:00 am Silver Sneakers 9:15-10:15 am	29 Spin with Cindy 5:15-6:00 am Get Fit Tuesdays 9:30-10:30 am	30 Sweat On Demand 5:15-6:15 am Full Body Strength 8:15-9:00 am Silver Sneakers 9:15-10:15 am	Hours: Monday-Thursday: 5 AM-9 PM Friday: 5 AM-8 PM Saturday and Sunday: 7 AM-7 PM		

Check for Pop Up classes throughout the month!

Class instruction may change without notice. Cancellations will be noted via social media, as soon as possible.

Notable Dates

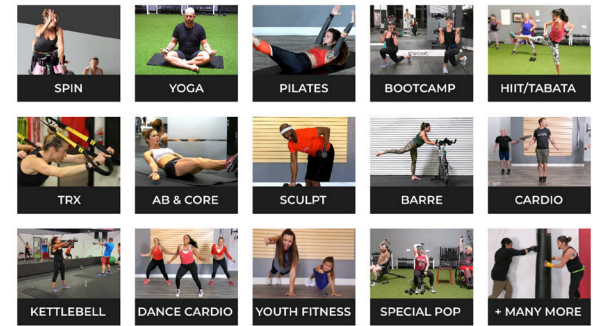
- Garden Month
- 1st - April Fool's Day
- 2nd - Autism Awareness Day
- 6th - 12th National Library Week
- 7th - 13th National Public Health Week
- 7th - World Health Day
- 19th - Bicycle Day
- 20th - Easter
- 20th - 26th National Volunteer Week
- 22nd - Earth Day
- 23rd - Picnic Day
- 23rd - Administrative Professionals Day
- 25th - National Arbor Day

Notable Hours and Closings

- Gym Closed - Saturday, April 12th
- PCC Closed - Saturday, 4 pm on April 19th
- PCC Closed - Saturday, April 20th

Notable Events and Schedules

- Magic Show - April 4th at 6:30 pm
- Easter Egg Hunt- April 13th at 1:00 pm, PCC Courts
- Euchre- April 15th from 1:00-3:00 pm



Try Our New Online Classes!

Studio Sweat OnDemand is available in the fitness room and the spin room. Instructions can be found next to the TV in each room.



Fitness Class Announcements

We are asking all members to bring their own mats to our fitness classes.

We are also requiring sign up for the classes that are * starred. There are limited spaces available so you must enroll to reserve your spot:

- Registration will be open all month
- Enrollment for * classes can be done online or at the front desk.
- We ask that if you are unable to attend you let us know so we can add people from the waiting list.