

**PEOSTA COMMUNITY CENTRE  
2024 COED VOLLEYBALL  
INFORMATION AND REGISTRATION**

**Please note this is a recreational league.**

The official rules set forth by the United States Volleyball Association (USVBA) shall govern play, unless otherwise noted in the league rules. Team captains are responsible for having a thorough knowledge of all the rules to avoid unnecessary disputes or questions concerning the game or the way the league is operated.

**TEAM ROSTER DEADLINE:**

Team applications and rosters are due by Wednesday, October 25<sup>th</sup> by 5:00pm at the Peosta Community Centre, 7896 Burds Rd. A mandatory captains meeting will be held on October 28<sup>th</sup> at 6pm. 8 Team Max. Any registrations that come in after the deadline will be placed on a waiting list.

**TEAM FEE: \$200**

Teams must drop off a check when turning in the registration form. Checks should be made payable to the Peosta Community Centre. If the check does not accompany the registration form, the form will not be considered for league acceptance.

**TEAM ROSTER INFORMATION AND ELIGIBILITY:**

1. All players must be 18 years of age and out of high school.
2. Rosters must have a minimum of 8 players and a maximum of 12.
3. Rosters must be neatly printed and in ink. All information must be filled out for each player and be correct.
4. Roster additions must be called in to the league director and given approval to play before that person may play.
5. If a player's name appears on more than one roster, the team in which the player participated first is the team that player is legally on.

**LEAGUE PLAY:**

League play will begin on November 3<sup>rd</sup> through February 2<sup>nd</sup>(No games January 5<sup>th</sup>, or 26<sup>th</sup>)

**\*\*\*GAME NIGHT/TIMES** – Sundays – 4, 5, 6, and 7 (if needed)

**NOTE:** Game times are subject to change due to the number of teams that apply.

### **RULES OF INTEREST:**

1. All games are to 25 points win by 2, rally scoring. We will play best of 3. If the 3<sup>rd</sup> game is needed, it will go to 15.
2. A team must have 4 players to start the game, 2 men and 2 women, you may not have more men than women to start a game or on the court at any time during a game. If 4 players are not present after 15 minutes all three games will be forfeited. A 5-minute grace period is allowed at the start of the match.
3. **Players may only play on ONE team only.** Players found abusing this rule will be suspended for one game. A second offense will result in a suspension for the remainder of the season.
4. Teams will be allowed to either rotate in at the serve or use the USVBA substitution rule. If a team begins a game by rotating in at the serve, they must use that system for the entire game. Substitution is unlimited.
5. Teams will be given one 60 second time-out per game.
6. Contact below the waist is LEGAL.

### **CONCLUSION:**

Captains, please fill out the player and team roster and return it by the league deadline. Keep the first 2 pages of this packet for your records. Thank you for applying to play in this Peosta Community Centre Adult Program. We look forward to working with you and your team for a successful season! If you have any questions, please call 556-8751.

PEOSTA COMMUNITY CENTRE  
2024 COED VOLLEYBALL

COED TEAM APPLICATION FORM

TEAM  
NAME\_\_\_\_\_

SPONSOR\_\_\_\_\_

TEAM CAPTAIN\_\_\_\_\_HOME#\_\_\_\_\_

ADDRESS\_\_\_\_\_WORK#\_\_\_\_\_

CITY\_\_\_\_\_STATE\_\_\_\_\_ZIP\_\_\_\_\_

EMAIL\_\_\_\_\_

ALTERNATE CAPTAIN\_\_\_\_\_HOME #\_\_\_\_\_

ADDRESS\_\_\_\_\_WORK#\_\_\_\_\_

CITY\_\_\_\_\_STATE\_\_\_\_\_ZIP\_\_\_\_\_

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PEOSTA COMMUNITY CENTRE  
VOLLEYBALL PLAYER ROSTER

Captains, please complete this roster. All players are required to sign an injury waiver/sportsmanship agreement before playing or go online to [activenet.active.com/Peosta](http://activenet.active.com/Peosta) and create an account (can be found in the upper right-hand corner). All information must be printed neatly and accurately.

	NAME	ADDRESS	CITY	ZIP	PHONE
1.	_____	_____	_____	_____	_____
2.	_____	_____	_____	_____	_____
3.	_____	_____	_____	_____	_____
4.	_____	_____	_____	_____	_____
5.	_____	_____	_____	_____	_____
6.	_____	_____	_____	_____	_____
7.	_____	_____	_____	_____	_____
8.	_____	_____	_____	_____	_____
9.	_____	_____	_____	_____	_____
10.	_____	_____	_____	_____	_____
11.	_____	_____	_____	_____	_____
12.	_____	_____	_____	_____	_____