Indoor Activities

As winter approaches, we have a range of indoor activities scheduled, some of which will include PCC court closures. We will post weekly PCC court closures updates at the front desk and send out text notifications each Friday.

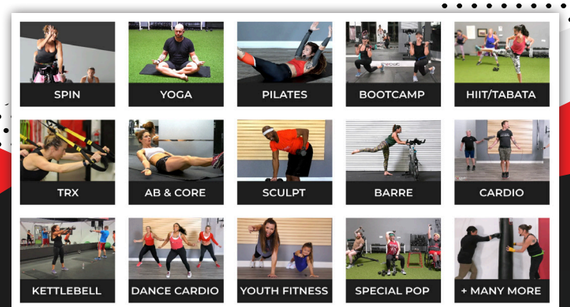
If you would like to receive these text messages, please contact Stacey at sbauer@cityofpeosta.org.

Don't forget to check out the November calendar insert!

Not sure how to sweat today?

Head to our Fitness Room, Pick a Class on the TV, and Go!

Sweat on Demand is a total training software package for you and your whole family. Not able to make it to the PCC? Check out the app too!



POWERED BY STUDIO sweat® on Demand

PEOSTA COMMUNITY CENTRE

NEWSLETTER
November 2026

Celebrating Strength and Community

As the season of thanks arrives, we're reminded of the incredible strength found not just in muscles, but in community. This November, we're giving thanks for every member who walks through our doors, every trainer who motivates, and every moment of progress – big or small. Whether you're lifting weights, stretching, or simply just showing up, your commitment inspires. Let's celebrate the power of gratitude together.

Gym Closures

- November 21st- Basketball Tournament
- Sunday Mornings for PCC Volleyball League

PCC Closures

- November 25th - 4:00 pm
- November 26th - all day
- November 27th - reopen at 7:00 am

Thurday, December 17th

PCC Meeting Room

Milk and Cookies with Santa

6:00-7:00 p.m.

| FREE Entry w/ Non Perishable Food Item or Donation |

WELLNESS WEDNESDAY YOGA

PEOSTA COMMUNITY CENTRE

Dubuque County Public Health will be hosting yoga classes the first Wednesday of each month starting October 1st at the PCC.

Time: 6:00- 6:45 p.m.
Fee: Free of Charge
Ages: 12 and up (16 and younger must be accompanied by a parent.)

Public Health
Prevent. Promote. Protect.
Dubuque County Public Health

You must enroll online at activenet.active.com/peosta

Kelly Oaks Pavilion

Rent Today!

Forms can be found at the PCC front desk or online at cityofpeosta.org on the parks tab. For more information contact Stacey at sbauer@cityofpeosta.org

FREE INJURY SCREENS

Do you have a nagging pain that you don't want to become a full blown injury?

PHYSICAL DUBUQUE THERAPY
ORTHO • SPORT • SPECIALTIES • SPINE

Thursday, November 10th 11:00 am - 1:00 pm

- Located in the lower lobby of PCC
- Free for all PCC members
- Dubuque Physical Therapy Athletic Trainer, Kayley
- Dates and times will vary each month, check the message boards and newsletter for upcoming dates!